

Mansfield #000511

WEEK #5 Date	MONDAY —	TUESDAY —	WEDNESDAY —	THURSDAY —	FRIDAY —
BREAKFAST	Kix Cereal Fresh Sliced Bananas+ 1% Low Fat Milk	Whole Grain Bagel with Cream Cheese Chilled Diced Peaches 1% Low Fat Milk	Whole Grain English Muffin Blueberries+ 1% Low Fat Milk	Gluten-Free Chex Cereal Fresh Sliced Bananas+ 1% Low Fat Milk	Whole Grain French Toast Sticks Mixed Berries+ 1% Low Fat Milk
Special for ages 1 & 2					Diced Mixed Berries+
LUNCH	Turkey Sausage+ Breakfast Sandwich on Whole Grain English Muffin Roasted Potato Wedge+ Chilled Apricot Halves* 1% Low Fat Milk	Whole Grain Pasta and 100% White Diced Chicken & Cheesy Casserole Steamed Peas & Carrots* Mixed Berries+ 1% Low Fat Milk	Mini Beef Meatball~ Sandwich on a Whole Grain Bun Baked Sweet Potato Tots* Fresh Sliced Pears 1% Low Fat Milk	Whole Grain Round Wheat Crackers with Sliced Turkey+ & Cheese Slices Fresh Carrot Sticks* Fresh Sliced Apples+ 1% Low Fat Milk	Whole Grain Pasta and Tuna Casserole Bake Steamed Green Beans+ Diced Pineapple Tidbits+ 1% Low Fat Milk
Special for ages 1 & 2		Diced Mixed Berries+		Unsweetened Applesauce+	
SNACK	Whole Grain Bread with Sun Butter & Jelly 1% Low Fat Milk	100% Cheese Cubes 100% Apple Juice+	Fresh Banana Slices+ with Sun Butter 1% Low Fat Milk	Crunchy Snack Mix (Pretzels, Cheese Crackers, Gluten-Free Chex) 100% Grape Juice+	Low Fat Cottage Cheese Sugar Snap Peas & Fresh Cucumber Slices
Special for ages 1 & 2				Gluten-Free Chex Cereal	Steamed Snap Peas (Shelled)

FUN NUTRITION FACTS: Proteins function as building blocks for bones, muscles, cartilage, skin, and blood. They are also building blocks for enzymes, hormones, and vitamins. Proteins are one of three nutrients that provide calories (the others are fat and carbohydrates).

Vitamin C+source
Vitamin A* source

Water is available to children throughout the day and at all meals and snacks. If no beverage is specified the beverage offered will be water. Children (age 12-24 month) are served whole milk. After 24 months all children are served 1% milk.

~CN Label on file~Mfr. Product Analysis Statement on file

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